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Brain Gym®
Instructor/Consultant
Phoenix, Az. USA

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Puttin' On Your Moves! Accessing Your Movement Intelligence

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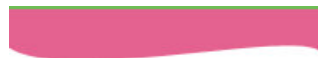
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Powered By Genius providing innovative educational programs to optimize personal corporate and educational Genius



powered by genius

Puttin' On Your Moves – Accessing Your Movement Intelligence for Expanded Living and Learning



A Woman's Financial Workshop & Expo

1st annual
My Money Life Event
October 2, 2010
7:30 AM - 4:00 PM
PHOENIX, AZ
Purchase tickets at
mymoneylifeevents.com

info@mymoneylifeevents.com

Empowering women to be strong and independent financial decision makers.



2010 -11 Brain Gym Training Dates – Boost Your Brain Now!

- ▣ Sept. 23-25, 2010
- ▣ Oct. 9-11, 2010 (Columbus Day Weekend)
- ▣ Nov. 11-13, 2010 (Veterans' Day)
- ▣ Feb. 12-14, 2011 (Presidents' Day)
- ▣ Apr. 7-9, 2011

Tuition: \$395 + \$38 materials fee prepaid. \$425 + \$38 materials fee at the door. Brain Gym grads review for just \$215 + materials fee prepaid!

- ▣ Purchase orders accepted

Wealth Building... From the Inside-Out™ Harnessing Your Brain's Infinite Power To Create Wealth

I will be presenting this topic at the *My Money Life Woman's Financial Workshop and Expo*, Oct. 2, 2010. The Conference fee of \$59 is reasonable. Bring a buddy or buy 10 or more tickets and it becomes even more reasonable. Looking forward to seeing you!

When you incorporate the inner principles of *Wealth Building*, your bottom line adjusts simultaneously. Change is created deeply within before it manifests in the outer world. If you don't have your inner ducks in a row, it is extremely difficult to manifest your heart's desires. This mini-workshop combines cutting edge brain optimization techniques with the power of focused intent to take you to higher levels of well being. *Wealth Building...From The Inside Out* teaches you how to access your reservoirs of infinite riches and live them fully manifested in your daily life. Purchase your tickets now! www.mymoneylifeevents.com

- ▣ 2.1 CEU's for Physical Therapists
 - ▣ 24 hour *Certificate of Completion* given. Valid for Arizona clock hours.
- Brain Gym - used by students, teachers, parents, artists, counselors, social workers, athletes, tutors, health-care and business professionals the world over!

Registration form below.

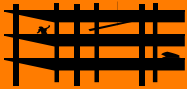
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genius.com

**Brain Optimization
Techniques and
Programs**



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academically**

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**Puttin' On Your Moves
Taking A One-Minute
Brain Gym Break**

The Calf Pump

For effortless and clear self-expression
Increased motivation – be ready to move!
Bring processes to closure

How to do The Calf Pump: Stand and support yourself with hands on a wall or back of chair. Place left leg straight behind you and lean forward, bending the right knee. Your left heel is off the floor and your weight is on the forward (right) leg. Shift your weight to left leg and press left heel to floor. Repeat 3 or more times. Repeat with left leg forward and right leg back.

Did You Know?

When you complete Brain Gym® 101 as part of your class fee you receive a one-year student membership with Brain Gym International? As part of your Student Membership you are sent the Edu-K Up-date three times a year.

Did you know? Upon completion of Brain Gym 101 with Cristina Whitehawk you are entitled to a one hour private session with her at no cost to you. \$150 value!

Inviting Brain Gym To Your Venue

Educational Genius

- In-Service Trainings
- Brain Gym 101
- *Eye Teaming & Its Connection to Achieving Goals*
- *The 3 Dimensions of Learning*
- Residency days – 1:1 with students facing challenges.

Business Genius

- *The More Fat the Better!* (in your brain-not on your body).
- *Proactive Planning and Benchmark Development!*

Achieve benchmarks easily and effortlessly.

■ *Eye Teaming & Its Connection To Achieving Goals*

■ *Executive Focus. 1:1 with Cristina who is known for her keen insight. She asks the deep questions you didn't know were there. Allow yourself to quickly create and move through the turning points of your life – career – business.*

■ 602-252-3249
<http://info@poweredbygenius.com>

About Cristina Whitehawk & Powered By Genius™

Cristina believes we are all powered by Genius. She has been supporting others in easily and effectively accessing their Genius using Brain Gym for 20+ years. You are invited to enjoy more of your potential through private sessions and Brain Gym 101 workshops. Cristina is the author of *Doorways To Daily Soul Nurturance: A Book for Daily Inspirational Focus*. Available at <http://www.poweredbygeniuspublishing.com>

He knows himself greatly who never opposes his genius. Wm. Blake

■ You are encouraged to reproduce and forward this newsletter in its entirety to others.



brain optimization techniques & programs
PO Box 33216 Phoenix AZ 85067

powered by genius

Registration
Brain Gym® 101

Name _____

Address _____

City _____ State _____ Zip: _____

Telephone (h) _____ Telephone (w) _____

Email address: _____

Brain Gym 101 Workshop Dates

Time: All workshops meet from 9:00 – 5:30 all three days (24 contact hours)

- June 17-19, 2010 Oct. 9-11, 2010
 July 8-10, 2010 Nov. 11-13, 2010 (Veteran's Day)
 Sept. 11-13, Feb. 12-14, 2011 (Presidents' Day)

Tuition: \$395 + \$38. materials fee or school purchase order prepaid. \$425 + \$38. materials fee at the door.

- \$395 + \$38 materials fee (\$433.)
 \$425 + \$38. materials fee at the door (\$463)
 I am reviewing \$215 + \$38 for new BG manual. Date of last Brain Gym workshop _____
 I am reviewing \$215 and already have the new BG manual. Date of last BG workshop _____
 I am a physical therapist and will need CEU's for Brain Gym 101.
 School purchase order to follow (fax to 602.252.8394)
 Visa or MasterCard
 Check enclosed payable to *Powered By Genius*

Credit Card No. _____ Exp. Date _____

Credit Card Signature _____

Mail to address above or
Fax to: 602.252.8394